



Tests and Competition (TC) Information Sheet 2010

If you have received this information you either were TC registered in 2009 or you may need to be TC registered for the 1st time in 2010. The purpose of this Brochure is to let you know what you have to do in order to TC register, sit New Zealand Ice Skating Association (NZISA) tests and compete in 2010.

1) COMMUNICATION REGARDING TESTS AND COMPETITIONS:

Throughout the year I will post all the information on the DISC website that you will need in order to sit tests and compete. (For those that do not have email facility, please ensure you regularly check the notice board for up to date information). If you need any help or information please feel free to contact me.

My contact details are:

Jessica Shaw
Competition Secretary
Dunedin Ice Skating Club
PO Box 2545
Dunedin 9044

Email: competition@disc.org.nz

Phone: 03 476 4428

Mobile: 027 256 6906

Website: www.disc.org.nz

2) CLUB MEMBERSHIP:

Before you are able to TC Register you must be a member of the Dunedin Ice Skating Club (DISC) for 2010. Please fill in the 2010 Dunedin Ice Skating Club Membership form (located on website and Notice board) and choose the option to be a **Competitive Skater TC Registered for DISC** at a fee of \$55.00. Please post the Club Membership form with a cheque made out to the Dunedin Ice Skating Club to me at the above address.

3) TEST AND COMPETITION REGISTRATION FORM:

To TC Register you will also fill out a Test and Competition Registration form (located on website & Notice board) if this is your first time being TC registered you will have to provide copies of official documents that establish your identity. Please post the TC form (signed and dated) and proof of identity (if first time registering) with a cheque for \$60.00 (made out to the Dunedin Ice Skating Club) to me and I will forward the registration form and the payment onto NZISA. When this has been processed, I will contact you and tell you your TC Number; This TC number will stay with you throughout your skating career.

(Note: both Club Member ship and TC Registering can be done at the same time on the same Cheque)

4) DISC NZISA TESTS:

During 2010 we will be having NZISA tests run by the club (normally 4 per year). I will email you at least 2 months prior to the test day asking for expressions of interest from those wanting to sit tests.

At least 21 days prior to the test day, all test forms and fees must be submitted to me.

Any applications or payments that are received after this date will not be accepted. Please make sure the application form and cheque (made out to Dunedin Ice Skating Club) are posted to me at the above PO Box address prior to the cut off date.

Payment Schedules

	Ice Time	NZISA Fee	1 Test	2 Tests	3 Tests	4 Tests
Club	Green Ticket	\$30.00	\$15.00	\$25.00	\$35.00	\$45.00
Non Club Member	\$15.00	\$30.00	\$25.00	\$35.00	\$45.00	\$55.00

Skaters who are DISC Members will include along with their Test Application a Green Ticket with their Name and Date of Test, NZISA Fee and the amount for the number of tests they are sitting.

Non Club Members or Club Members with a different Home Club will submit their Test Application to their Home Club along with the NZISA Fee. They will then be given an invoice on the test day for the Ice Time and the number of tests they are sitting.

These tests will usually be held on Sunday mornings during the 6am – 11am session once the date for the applications has closed I will post information on the DISC website regarding the specific test day (time, order of tests etc).

5) **NZISA COMPETITIONS:**

The NZISA competitions for this year will be

Queenstown Invitational – 21 st – 23 rd May	Queenstown
DISC Club Champs 26 th & 27 th June	Dunedin
Otago/Southlands 10 th & 11 th July	Alexandra
South Islands 27 th – 29 th August	Queenstown
Nationals 3 rd – 8 th October	Dunedin

When the competition information is announced, I post this on the DISC Website. Please fill in the entry forms and send along with the entry fees to me at the above PO Box address prior to the cut off date included in the Information on the Website.

Please be aware that any entries and or late payments will not be accepted, and all PPC must be entered on the NZISA website not emailed to me. If I do receive any PPC these will be sent back to you so you can enter them into the NZISA website.

How to enter your PPC online

For all the instructions on entering your PPC's please click on the below link. This will give you a step-by-step procedure.

<http://www.nzisa.com/members/mynzisa/NZISA-PPC-Manual.pdf>

As I get further information regarding Competitions I will add this to the DISC Website. Please ensure you check this regularly.

RULES AND ICE PROTOCOL

The following rules and Ice Protocol are for the safety of all skaters and fairness to all skaters.

We ask that Parents/Guardians of younger children please explain these rules to your young skaters. We know that young ones need to be reminded of these rules and we will assist them along the way. The more experiences skaters will also assist them during their time on the ice to follow the rules and protocol.

GIVE WAY RULES

A Skater skating their programme to music has 'right of way' and everyone should ensure they give that skater a fair chance. Skaters do not have to stop and watch.

Club arm bands (Bright Pink) must be worn by the skater(s) performing their programme to music.

Music will be played in order given to the music organiser, or as played by the CD player. The order can be changed by a coach playing their skaters programme music. If a skater is performing their routine without a coach, the coach with the student will wait until the music has stopped.

1. First priority is given to a skater performing their routine to music during a coached lesson.
2. Second priority is given to a skater not in a coached lesson performing their routine to music.
4. Third priority is given to a skater in a coached lesson.
5. Do not skate straight towards another skater especially when they are going into or are in a jump or spin because:
6. It is not easy to see what is going on around you when you are spinning.
7. It is not easy to stop when you are in the air.
8. Do not skate towards dance couples or pairs. It is often more difficult for them to stop than solo skaters

At all times try and avoid other skaters – accidents hurt. All skaters need to learn to anticipate where other skaters are going to be. If you are not sure about how to judge what others are doing, ask your coach to give you a lesson on how to read other skaters movements on 'setting themselves up' for jumps, spins and other moves.

GENERAL BEHAVIOUR

Remember that DISC ice time is for practice and training purposes:

1. No dangerous behaviour or playing games on the ice during Club Sessions.
2. Do not stand around the barrier unless you are getting a drink or are using the barrier to assist you. If you need a rest or wish to have a chat, please get off the ice
3. Parents/Guardians, please refrain from sideline coaching. Leave this up to your coach.
4. No eating of food or chewing gum on the ice (this is a choking hazard).
5. No breakable cups, glasses or glass drinking bottles on the barrier.
6. If you fall over and are not injured you must get up quickly.
7. Physical or verbal abuse will not be tolerated either on or off the ice, during club time.
8. You must pay ice fees and sign the register before you get on the ice.
9. If you make holes in the ice, please fill them in with water at the end of your practice.
10. Suitable clothing must be worn on the ice. Please make sure coins, hairclips and other objects cannot fall out of your pockets. If you are not sure what to wear please consult your coach.
11. If you have a complaint or need a disciplinary matter dealt with, please consult your coach. If consulting your coach does not solve the problem; contact one of the committee members.
12. The Club room is for your use, please respect the club room and keep it tidy.
13. Parents and skaters. Do not interrupt other skater's lesson unless it is absolutely necessary
14. I-Pod's. If you are listening to Music, only 1 ear piece is to be used and the volume is to be low enough that you can hear other skater or coaches speak to you.